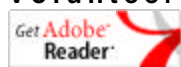


Volunteer Patricia Program (VPP)



We Care For Our Own VPP Self-Help

TYPE OF SUPPORT	PROGRAM	SPONSOR	ELIGIBILITY	CONTACT	WEBSITE	COMMENTS
			S-Serving R-Retired F- Family A-All			
Archives	Provide personal and unit histories on request (Ottawa)	L&A C	A	1 866 578-7777	http://www.collectionscanada.gc.ca/contact/index-e.html	Note privacy limits and procedures in obtaining archives.
CF Pensions	CPSA pension benefits including Supplementary Death Benefits	DND	S/R	1 800 267-0325	http://www.forces.gc.ca/dgcb/dpsp/engraph/pensionretirement_e.asp?sidesection=4&sidecat=15	Background to all CF pension benefits.
CPP	Canada Pension Plan benefits	SC	A	1 800 622-6232 or Service Canada office	http://www.servicecanada.gc.ca/en/home.shtml	Benefits vary by age and situation
Coordinated Support – The Centre	VAC/DND Centre Services (Stress, Disability, TAP)	VAC/DND	A	1 800-883-6904	www.forces.gc.ca/hr/centre/engraph/links_e.asp	
Court Martial Appeals	Court Martial Appeal Court guidelines	Fed Court of Canada	S, R	(613) 996-6795 or nearest registry office	http://www.cmac-cacm.ca/business/military_law_e.shtml	
Disability Pensions and Appeals	Pension Act (pre Charter)	VAC	A, R	1 866 522-2122	http://www.vac-acc.gc.ca/clients/sub.cfm?source=dispen	
Disability	Long –term Disability Insurance (LTD)	SISIP	S	1 800 267-6681 or base SISIP office	http://www.sisip.ca/en/Insurance_e/servingplans_e.asp	See also Vocational Rehabilitation.
Disability, Death and	Disability, death and	VAC	S, R	1 866 522-2122	www.vac-acc.gc.ca/clients	Must qualify for NVC

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Detention Awards (NVC)	detention awards. Awards are a feature of the New Veterans Charter (NVC)					benefits.
Disability claims and appeals	Claims and Appeals Support services	RCL	A	1 (613) 591-3335	http://www.legion.ca/asp/docs/serv_bur/dis_pens_e.asp	Legion Service Bureau
Dismemberment	Injured Military Members Compensation Act	DND	S	1 800-883-6904	http://www.dnd.ca/hr/centre/engraph/ad_e.asp?subject=1	Compensation for loss of limb on duty.
Education	Hamilton Gault Memorial Fund bursaries	PPCLI	A	(780) 973 4011 Ext 5453	www.ppcli.com/support	
Emergencies	Veterans' Assistance Service	VAC	A	1 800 268-7708	http://www.vac-acc.gc.ca/clients/sub.cfm?source=forces/assiserve	Emergency and off hours support for personal problems, substance abuse stress and similar situations
Emergencies	Member Assistance Program (MAP)	DND	A	1 800 268-7708	http://www.forces.gc.ca/health/services/engraph/member_assist_program_home_e.asp	Emergency and off hours support for personal problems, substance abuse stress and similar situations.
Family Support Services	Military Family support program (MFSP)	DND	S, F	(613) 992-1327 or local C/MFRC	http://www.cfpsa.com/en/psp/dmfs/about.asp	C/MFRCs run a range of family support services and programs.

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Personal Finance	Financial Planning Assistance	SISIP	A	1 800 267-6681 or base SISIP office	http://www.sisip.ca/en/Planning_e/index.asp	Useful in conjunction with disability award.
Financial	Financial Counselling	SISIP	S	1 888 753-9828 or base SISIP office	http://www.sisip.ca/en/Counselling_e/index.asp	
Financial Assistance	CF Personal Assistance Fund (CFPAF)	SISIP	S, R	1 800 267-6681 or base SISIP office	http://www.sisip.ca/en/Cfpaf_e/index.asp	Grants, loans
Financial Assistance	CF Contingency Fund	DND The Centre	S,R,F	1 800-883-6904	http://www.forces.gc.ca/centre/engraph/css_e.asp	Emergency grants
Financial Assistance	Family Visitation Fund	DND The Centre	S,F	1 800-883-6904	http://www.forces.gc.ca/centre/engraph/css_e.asp	Family travel to or from isolated locations to hospitals
Finance	PPCLI Benevolent Fund	PPCLI	A	(780) 973 4011 Ext 5453	www.ppcli.com/support	Loans or grants Retired members must be Assn members.
Finance	Hamilton Gault Memorial Fund student bursaries	PPCLI	A	(780) 973 4011 Ext 5453	www.ppcli.com/support	Loans or grants. Retired members must be Assn members.
Funerals	Funeral Expenses	DND	S	1 800 883-6094	http://www.forces.gc.ca/centre/engraph/ddbenefits_e.asp	
Funerals	National Military Cemetery	DND	A	1 800 883-6094	http://www.dnd.ca/hr/nmc-cmn/engraph/home_e.asp	
Funerals	Last Post Fund – Funeral costs.	VAC	R	1 800 465-7113	www.lastpostfund.ca	Means test applies.
Grievance Appeal	CF Grievance and Appeal process	DND	S	1 877 276-4193	http://www.cfgb-cgfc.gc.ca/english/View.asp?x=1	

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			S-Serving R-Retired F- Family A-All			
Health	Health Care services – Spectrum of Care	DND	S	Base Surgeon or The Centre	http://www.forces.gc.ca/health/engraph/services_e.asp?Lev1=1	
Health	Health Care program	VAC	S, R	1 866 522-2122	http://www.vac-acc.gc.ca/clients/sub.cfm?source=services/healthcare	Serving members receiving benefits under the Pension Act
Health Travel Costs	Veterans health services	VAC	S, R	1 866 522-2122	www.vac-acc.gc.ca/clients	
Job Placement Assistance	Non medically released job placement assistance.	VAC	R	1 866 522-2122	www.vac-acc.gc.ca/clients	
OAS	Old Age Security Pension	SC	R, F	1 800 622-6232	http://www.servicecanada.gc.ca/en/home.shtml	
Operational Stress Social Support	Peer Support program (OSISS)	DND	A	1 800 883-6904	http://www.osiss.ca	Social support to serving members, retirees and families.
Operational Stress Medical Treatment	Operational Stress Medical Support Centres (OTSSC)	DND	S	1 800 267-6681 or MO	http://www.forces.gc.ca/health/services/engraph/otssc_home_e.asp?Lev1=1&Lev2=2	
Pastoral Care	Pastoral Support in Emergencies	DND	A	1 800 883-6094 or 613 944-4047	http://www.dnd.ca/hr/centre/engraph/pop_e.asp?subject=1	
Penitentiary Inmate Counselling	Prisoner counselling and advocacy	JHS	A	1 (613)384-6272 or regional office	http://www.johnhoward.ca/	
Provincial, Regional and Municipal Seniors Services	Local assistance to seniors in need	Various	R, F	Various	Google the province, region or municipality and 'seniors', e.g., 'south Alberta seniors' services'	Many local services are available.
Public Service Employment	Priority for Disabled	DND	R (medically released)	CPO or 1-800-883-	None	Member must have suffered

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	members		S-Serving R-Retired F- Family A-All	6094		a disabling injury or illness in a special duty area and be medically released and qualify for a disability pension.
Residential Care	Residential Medical Care in community care facilities or in hospital	VAC	R	1 866 522-2122	http://www.vac-acc.gc.ca/clients/sub.cfm?source=services/residentcare	Must be in receipt of VIP or disability pension.
Retirement Assistance and Training	Moving On Program includes SCAN	DND	S	BPSO or (613) 541-5010	http://www.cda.forces.gc.ca/DLM/engraph/services/movingon/civilian_e.asp	Retirement planning, education and related assistance.
Retirement Preparation	Transition Assistance Program (TAP)	DND	R (Medical released)	1-800-883-6094	http://hrapp.dnd.ca/tap/engraph/home_e.asp	Rehabilitation, job search, training, resume, talent bank
Return to Work	Return to work program – Jobs with limitations	DND	S	1-800-883-6094	http://www.forces.gc.ca/hr/centre/engraph/rtw_e.asp?subject=1	Alternative employment organized at base level.
Veterans Housing Support	Housing, home care assistance	RCL	R, F	1 (613) 591-3335	http://www.legion.ca/asp/docs/about/senior_e.asp	
Veterans Home Support	Veterans Independence Program (VIP) – grounds, cleaning, etc.	VAC	S, R, F	1 866 522-2122	http://www.vac-acc.gc.ca/clients/sub.cfm?source=services/benefits/vip	DND provides support while serving members are under treatment. VAC if pension is awarded.

TYPE OF SUPPORT	PROGRAM	SPONSOR	ELIGIBILITY	CONTACT	WEBSITE	COMMENTS
Vocational Rehabilitation Services (NVC)	Medical, psychological, vocational and other rehabilitation services and financial benefits to ensure effective transition to civilian life	VAC	S-Serving R-Retired F-Family A-All A	1 866 522-2122	www.vac-acc.gc.ca/clients	NVC conditions on eligibility.
Vocational Rehabilitation Services (NVC)	Training and education to obtain gainful employment on release	SISIP	S	1 866 442-2370	www.sisip.ca	Eligible for LTD insurance
Rehabilitation Services (CF)	Vocational Rehabilitation Program for Serving Members (VRPSM)	DND	S	1 800 883-6094	http://www.forces.gc.ca/centre/engraph/vrpsm_e.asp?subject=3	